

---

As the seasons change, and life's demands keep us busy, it's easy to overlook the essential task of staying up-to-date with vaccinations. However, routine vaccinations play a crucial role in keeping you and your loved ones healthy throughout the year:

---



### **Continuous Protection**

Vaccinations are your body's armor against preventable diseases. By maintaining your vaccination schedule, you ensure that your immunity remains strong and ready to fend off potential threats.

### **Community Health**

Your commitment to routine vaccinations doesn't just benefit you – it contributes to community immunity. This shields those who can't be vaccinated due to medical reasons, creating a safer environment for all.



### **Lifelong Wellness**

Vaccination isn't just for childhood. Staying current with vaccines helps protect you at every stage of life, preventing potential health complications and ensuring your well-being for years to come.

## Preventing Outbreaks

Vaccination gaps can lead to outbreaks of diseases we've worked hard to control. By prioritizing routine vaccinations, you play a vital role in preventing these resurgences.

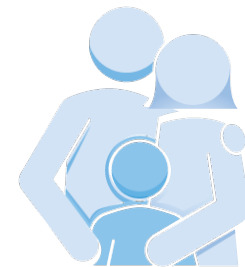


## School and Travel Ready

Many schools and travel destinations require specific vaccines. By staying up-to-date, you're prepared for new adventures without last-minute worries.

## Family Safety

For parents, routine vaccinations are an expression of love and protection for your children. Ensuring they receive all recommended vaccines establishes a strong foundation for their health.



---

***Get vaccinated, schedule a checkup, & get your children immunized!  
Schedule an appointment today!***

---



***Schedule an **in-office** OR **virtual** visit with your local clinic!***

---

**COLUSA**  
412 4th St.  
Colusa, CA 95932  
**(707) 732-8679**

**CHICO**  
1074 East Ave. Suite Q  
Chico, CA 95926  
**(707) 732-8679**

**SALINAS**  
333 Abbott St. Suite A  
Salinas, CA 93901  
**(831) 206-1201**

[Schedule  
Appointment](#)

[Schedule  
Appointment](#)

[Schedule  
Appointment](#)

**SANTA MARIA**

**For Virtual Visits**

**VISALIA**

2605 S. Miller St. #100  
Santa Maria, CA 93455  
**(805) 888-7019**



315 S. Johnson St.  
Visalia, CA 93291  
**(559)713-0422**

[Schedule  
Appointment](#)

[Schedule Virtual  
Appointment](#)

[Schedule  
Appointment](#)

## Other services available to you for FREE!



WEIGHT & HEALTH CLINIC  
Powered by: Elite Medical

[View Our Program](#)

*Wellness Coaching and Chronic  
Condition Management*

**In person, phone, or video call  
appointments available.**

**Ready to get started?**

Give us a call for more information  
on the services we offer.

**559-5 HEALTH (559-543-2584)**

---

The content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read in this message.