

Wildfire Resources Guide: California

Emergency Contacts

- **National 911 Program:** For any emergencies, call or text 911 (24/7)
- **California Division of Emergency Management:** 1-916-845-8510
- **FEMA Region 9:** 1-510-627-7100
- **American Red Cross:** 1-800-733-2767
- **The United Way:** Call 211 for confidential help finding resources in your area (24/7).
- **211 LA:** Visit [211la.org](https://www.211la.org) for shelter support due to evacuation

Websites and Apps

- **National Weather Service:** [NWS Website](https://www.weather.gov)
- **California Department of Forestry & Fire Protection:** [CalFire](https://www.fire.ca.gov)
- **FEMA Region 9:** [FEMA](https://www.fema.gov)
- **FEMA App:** Available on [FEMA App \(Apple\)](https://apps.apple.com/us/app/fema/id1450849200) | [FEMA App \(Android\)](https://play.google.com/store/apps/details?id=com.fema)
- **American Red Cross:** [Red Cross Website](https://www.redcross.org)

Wildfire Preparedness and Safety

- **Wildfire Action Plan:** Visit [CalFire](https://www.fire.ca.gov) for detailed preparedness guides.
- **Current Emergency Incidents:** Check [CA.gov](https://www.ca.gov) for updates on active incidents.

Evacuation and Shelters

- **Evacuation Assistance:** For assistance with current routes and road conditions, visit [CalFire](https://www.fire.ca.gov)
- **Butte County Evacuation Routes:** For current routes and road conditions [Evacuation Maps](#)
- **Los Angeles County Evacuation Information:** For current routes and road conditions [Evacuation Information](#) | [LA County Emergency Updates](#)
- **Los Altos Evacuation Routes:** For current routes and road conditions [Evacuation Maps](#)
- **Plumas County Evacuation Routes:** For current routes and road conditions [Evacuation Maps](#)
- **Sonoma County Evacuation Routes:** For current routes and road conditions [Evacuation Maps](#)
- **Emergency Shelter:** Text "SHELTER" and your zip code to 43362 (4FEMA) to locate nearby shelters.

Health and Safety Resources

- **Center for Disease Control & Prevention (CDC):** [CDC Disaster Resources](https://www.cdc.gov)
- **Disaster Distress Hotline:** For confidential counseling, call 1-800-985-5990 (24/7).
- **988 Suicide & Crisis Lifeline:** Call or text 988 (24/7).
- **Crisis Text Line:** Text "HOME" to 741741 (24/7).

Pet Resources

- **California Animal Welfare Association:** PO Box 249, Penn Valley, CA 95946, 510-525-2744
- **California Office of Emergency Services Animal Preparedness:** [CalOES Animal Preparedness](#)
916-845-8153

Community Support and Volunteers

- **California Department of Social Services:** Visit the [CDSS](#) Website to volunteer or donate to support disaster relief in California
- **California Volunteers:** Visit the [Disaster Volunteer Management](#) website to assist before, during and after disasters.

Food Resources

- **California Association of Food Banks:** Call 211, or Find your closest Food Bank [CA Food Banks](#)
- **Catholic Charities of California CalFresh Program:** [CalFresh Food Program](#)
- **California Department of Social Services Food Bank:** [CDSS](#)

Mental Health Resources

- **Crisis & Suicide Helpline:** Dial '988' for immediate support
- **Crisis Text Line:** Text "HELLO" to 741741
- **California Mental Health Services Division:** [Mental Health Resources](#)
- **National Alliance on Mental Illness (NAMI) Helpline:** Call 1-800-950-NAMI or text "HELPLINE" to 62640 (10 am–10 pm ET).
- **The Trevor Project:** For LGBTQ+ under 25, call 1-866-488-7386 or text "START" to 678678 (24/7).
- **Veterans Crisis Line:** Call 988 and press 1 (24/7).

Your benefits with Spring Health

Spring Health—your mental wellness benefit provided by your employer—can help you work through any difficult feelings you may be experiencing. It's 100% confidential, so your info will never be shared with your employer or anyone else.

[Sign up](#) or [sign in](#) to speak with your Care Navigator, a licensed clinician who can answer questions, book same-week therapy appointments, and more.

Get confidential support:

benefits.springhealth.com

1-855-629-0554

(Select option 2 for 24/7 crisis support)

